

## HALTS CUPID'S TAXI IN RACE TO ALTAR AT 27-MILE SPEED

Stern Bluecoat Causes Arrest  
and Delays Marriage of  
a Young Pair.

## KNOT TIED AT LAST.

225 Fine, Need of Mother's  
Consent and Other Troubles  
Are Surmounted.

Cupid and a traffic policeman got into difficulties yesterday and there was sorrow in the Municipal Building, where accommodating clerks tried to help along a wedding with which the policeman had interfered.

Cupid was riding in an auto driven by Joseph Elias of No. 215 East One Hundred and Tenth Street, which left the home of Mrs. Helen Regan at No. 420 West One Hundred and Twenty-ninth Street at 1 o'clock. Also in the car were Miss Mary Hansen of No. 509 East Seventy-ninth Street; her fiancé, Charles Schiffer of Pawtucket, R. I.; Mrs. Kate Kenny, mother of the prospective bride and Mrs. Regan, an aunt.

Cupid whispered to the chauffeur that the license bureau closed at 5 o'clock and he put on speed. As the car dodged among trucks on Lafayette Street, Traffic Patrolman O'Brien saw it. He followed on his motor cycle, timed the car at twenty-seven miles an hour and when it halted at Spring Street he arrested Elias.

The young couple boarded a street car and continued to the Municipal Building, while the rest of the party went to court. When Schiffer and Miss Hansen stepped up to the window they were informed that as she was only seventeen years old, her mother's consent would be necessary before the license could be issued.

Meantime, in the Tombs Court, Elias had been fined \$5. The fine was paid by a member of the party and at 5:30 everybody reached the City Clerk's office. Mrs. Kenny having given her consent, the license was issued and the party hurried upstairs in search of an Alderman.

The one supposed to perform ceremonies had gone for the day and messengers were sent scurrying. Ten minutes later Alderman Stevenson hurried over to the building from the City Hall to find the wedding party had departed. Then scouts were sent in search of the two young persons while the Alderman accommodately waited. The scouts failed to find the couple.

Later it was learned that they had taken a taxicab to the home of Alderman John J. Regan, at No. 319 West Seventy-ninth Street, and that on the way up the chauffeur was stopped by a traffic policeman with a summons to appear in the Yorkville Court for speeding.

## HOME GYMNASIUM FOR WOMEN

### To Preserve Health, Strength and Figure

A New Series of Illustrated Lessons, Showing How Every Woman May Have an Inexpensively Equipped Gymnasium in Her Own Home, and Teaching Games and Exercises Which Promote Excellent Physical Condition.

#### NO. 5—MOUNTAIN CLIMBING AT HOME. By Pauline Furlong.

The Evening World's Authority on All Questions of Woman's Physical Well Being

Those of my readers who find that practicing deep breathing is tiresome and uninteresting should indulge in some exercises which compel them to take long draughts of fresh air into their lungs through their nostrils. I know of none which I can so easily recommend as the stair climbing illustrated to-day. It increases the lung capacity to a remarkable degree and aids you in controlling the breath.

You will notice that I touch the end of the step with the ball of the foot only and that my shoulders are straight, and also that I am not stooped or bent at the waist line. Keep the mouth closed and draw the breath all the way down from the waist line while climbing the stairs.

So many family physicians forbid their patients to climb the stairs, because many evil after effects are due to improper climbing of them. I am showing some of these simple and beneficial exercises just to prove to my readers that they have all the conveniences of a professional gymnasium within their own home if they but realized it.

If the air in the hall is pure and fresh, there is no better deep breathing exercise than stair climbing will provide. It is also a valuable one for the calves of the legs, making them rounded and shapely. Before beginning the stair climbing, open the windows and doors to permit a current of air through the hall, as no draught will affect you if you are moving.

Here again we have the exercise which will both reduce and develop the body, for deep breathing is the all important factor in accomplishing both of these.

We cannot live without air more than a very few moments, though we may do so without food and drink for many days. Deep, full breathing is very essential to health and it is one of the greatest of skin beautifiers, as it is the very best blood purifier.

#### THE GOOD DEEP BREATHING ACCOMPLISHES.

Few of my readers know that the blood makes a complete circuit of the body several times a minute and leaves the heart bright red as it passes with its dark impurities on again through the lung passage to be purified. Think, then, how very necessary it is for you to breathe deeply and give to the lungs the essential amount of pure air to keep the blood and body healthy. Blood is the food of the muscles, and any extra exertion which affords more than the ordinary shallow breathing, so often indulged in, calls for more blood to them. This also causes the heart to beat more rapidly and the quick flow of blood circulates all through the body, and naturally the lungs get their extra share also. You will therefore

understand that if the blood flow to the lungs is stimulated and increased, the amount of air to them must also be, if the blood is to be purified, and the only way to accomplish this is by deep, diaphragmatic breathing.

Hence I have illustrated the stair climbing and rope skipping exercises to compel you, if necessary, to practice the deep breathing exercises, which some of you find so monotonous.

To-morrow I intend to show you some entirely new and interesting exercises which give grace and ease to the body—fencing with wands.

Readers of Miss Furlong's articles are invited to write to her, in care of The Evening World, requesting information that will aid them in following her illustrated lessons.

#### Letters From Evening World Readers Following Miss Furlong's Lessons.

MRS. H. S. (Atlantic City) writes: "Please tell me how many glasses of Vichy and Kissinger water one can take. Also should the two waters be mixed?"

Drink a large glass of the Vichy about an hour after meals and at least three times each day. On the following day take the same quantity of the Kissinger water. Do NOT mix them, and drink them alternately, as it is useless to take one without the other. Do not take both on the same day.

RUTH R. asks: "How can I get the back copies of your whole series? I am 5 feet 6 inches and weigh 175 pounds. Please state what I should weigh."

Send one cent for each number you desire and postage. Those published after July 25th are the ones you need. These contain exercises and diet for obesity. You should weigh about 140 pounds.

#### RHEUMATISM DISAPPEARED.

MRS. E. M. T. (Buffalo) writes: "Will buttermilk help me? I am troubled with rheumatism, and those of your exercises that I can master have improved me wonderfully. It has entirely disappeared from my right knee, from the aquating and leg circling exercises. This is what tempted me to write to you." Buttermilk is a wonderful drink. It stimulates the liver, kidneys and skin and makes rich, healthy blood. It is very beneficial for those suffering with rheumatism and gout. For this trouble you should eat fresh fruits, vegetables and salads, and avoid meats, hot rolls, condiments, alcohol and sweets. The exercises will help you much more if you continue to practice them.

A. F. (Salt Lake City) writes: "Will you kindly publish the correct waist, thigh, hip and calf measurement for a girl 5 feet 7 inches? Weight, 160 to 180. Waist, 28. Hips, 35. Thighs, 25. Calf, 15. Upper arm, 12."

#### EATING FRUIT.

John Mc. asks: "Does eating fresh fruit between meals add weight? Will you give me the correct measurements of the waist, hips, thighs, etc., of a young man 5 feet 4?" Fruit is a food and should be eaten as a meal and not with it. Bananas and grapes will add flesh. Most fruits are nourishing but not fattening, just as buttermilk is. For five feet four inches tall you should weigh about 121 to 127; neck, 13; waist, 31; chest, 36 or 37; upper arm, 13; forearm, 10½; thigh, 19; calf, 13.

B. R. asks: "Does coffee harm the normally healthy person if taken directly after meals?"

Coffee should be taken without milk or cream. It assists digestion if taken black immediately after meals. It is a stimulant and quickens the circulation.

Mrs. H. G. F. writes: "I followed your directions for making the cucumber ointment. That is, half cucumber juice and half alcohol. It seems very strong. Is this as it should be? How often should it be applied? Should I use it as a wash or just rubbed on with cotton?" You have followed the directions as they should be. It is not too strong for most complexions, as plain alcohol is not very strong if used undiluted. If the skin is dry and very sensitive, add more cucumber juice to the mixture. Apply on a puff of cotton as often as you desire.

#### THIS FRENCH SALT WILL REDUCE WEIGHT

In reducing flesh and weight, women must be extremely careful. Fat should only be taken off those parts where it is unnecessary. Drugs taken internally are useless and dangerous. Violent exercise and forced dieting are unnecessary.

To reduce hips, thighs, abdomen and other parts where fat accumulates, the only satisfactory and positive treatment is to take fifteen or more baths with the Charles Thinning Salts. These famous French salts have a peculiar dissolving effect upon fatty or adipose tissue just where you want to reduce flesh. Sold at 50c a box by Riber-Hegeman, Macy's, Aldman's, Gimbel's, Stern's, Abraham & Straus and leading drug and beauty shops. Send for Booklet. Orient Co., 45 W. 34th St., New York. Adv.



#### ADRIATIC KEPT SIX HOURS IN PORT FOR BIG CARGO

White Star Liner Carried General  
Merchandise, War Munitions  
and 190 Passengers.

Although the White Star liner Adriatic was scheduled to sail for Liverpool at noon yesterday she did not leave until 6 P. M. on account of

the large cargo put aboard her.

Her holds were jammed with general merchandise and war munitions and motor trucks were placed on her lower deck. An army of longshoremen was busy all day loading her. She carried thirteen first cabin, seventy-nine second cabin and ninety-eight third class passengers, and 1,733 sacks of mail.

Heavy freight also delayed the departure of the Cunarder Saxonia from 10 A. M. until 2 P. M. She had no deck cargo, but was loaded. On board were 150 cabin and 240 third class passengers.

#### PARROT'S CRIES SAVE 5 IN FIRE; 24 CANARIES DIE

Woman Bird Dealer and Family Are  
Awakened by Polly's Screams  
in Time to Escape.

Two dozen canary birds were suffocated and their owner and her family were saved by the cries of a pet parrot, when fire broke out early to-day on the ground floor of a three-story building at No. 64 Columbia Street, Brooklyn.

The ground floor is occupied by Giuseppe Moffatt's candy store. On the second floor live Gaspar Basile, his wife and three small children. Mrs. Basile is a bird dealer and it was her canaries who perished. Basile and his wife had time only to carry out the children.

A policeman awoke the family of Paul Minneo, on the third floor, and they got out safely. The fire was confined to the candy store, but tenants of adjoining buildings were ordered to the street by the police.

Some of the firemen thought they smelled kerosene in the candy store and the Fire Marshal's office is investigating.

#### SHE DARKENED HER GRAY HAIR

A Kansas City Lady Darkened Her  
Gray Hair and Stimulated Its  
Growth by a Simple  
Home Process.

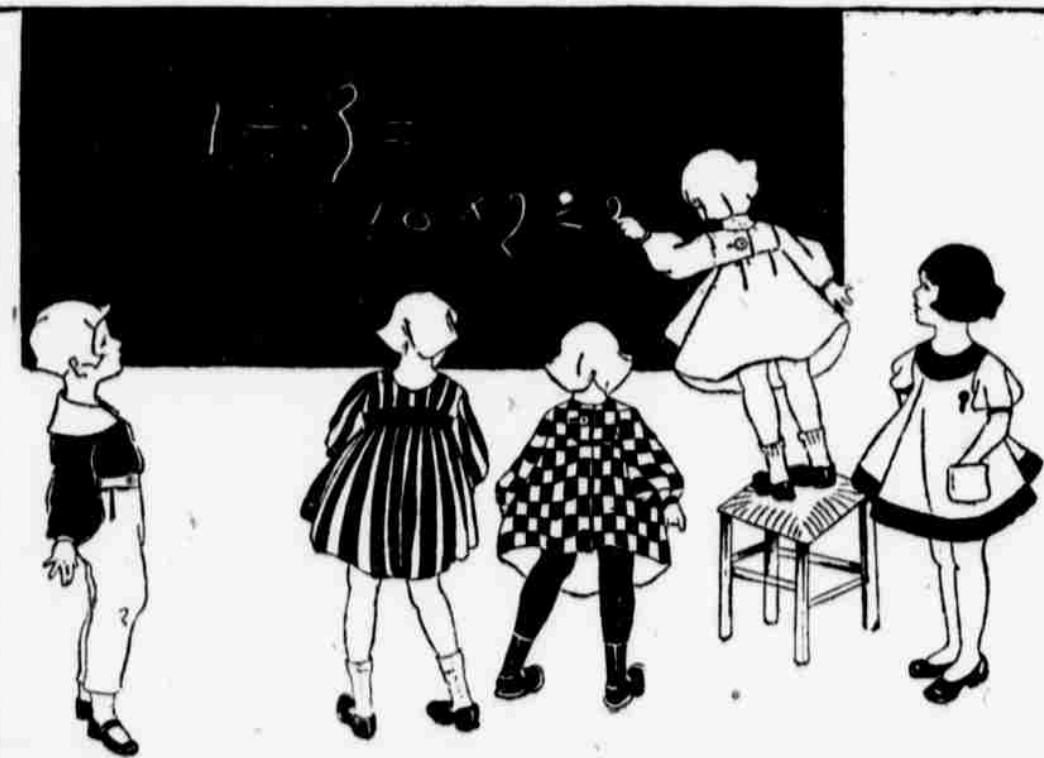
She Tells How She Did It.

A well-known resident of Kansas City, Mo., who darkened her gray hair by a simple home process made the following statement: "Any lady or gentleman can darken their gray or faded hair, stimulate its growth and make it soft and glossy with this simple recipe, which they can mix at home: To half pint of water add 1 oz. of bay rum, 1 small box of Barbo Compound and ½ oz. of glycerine. These ingredients can be purchased at any drug store at very little cost. Apply to the hair every other day until the gray hair is darkened sufficiently, then every two weeks. This mixture removes scalp troubles and is excellent for dandruff and falling hair. It does not stain the scalp, is not sticky or greasy and does not rub off. It will make a gray haired person look 10 to 20 years younger."—Adv.

Since 1863  
Headquarters  
for  
Children's  
Shoes

**CAMMEYER**  
STAMPED ON A SHOE  
MEANS STANDARD OF MERIT  
6TH AVE. AT 20TH ST.

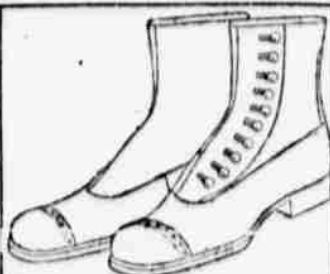
Children's  
Shoes  
that stand  
the  
wear



## School Time Is Shoe Time!

—and Cammeyer Is Headquarters for Children's Shoes,  
Now, as Always—Since 1863—

It is because mothers know that their children put their best foot forward in "CAMMEYER" shoes that we do so large a business in this department. Many mothers are now buying their girls and boys "CAMMEYER" shoes, who themselves wore "Standard of Merit" footwear when they trudged off to school years ago.



**A Cammeyer True-Form Model**  
A model offering style, fit and comfort at a moderate price.  
Made in Gun Metal, Patent Leather and Tan Russia Calf.  
Sizes 6-8 ..... \$2.00  
Sizes 8½-11 ..... \$2.25  
Sizes 11½-2 ..... \$2.50



**The Cammeyer "TROTTER"**  
Made of Black Calfskin  
Note the specially reinforced solid sole leather tip that outwears iron.  
Sizes 6-11 ..... \$1.35  
Sizes 11½-2 ..... \$1.65



**Boys' Satin Calf Blucher**  
A strong sturdy shoe with thick soles of real oak leather.  
Sizes 9-13½ ..... \$1.50  
Sizes 1-5½ ..... \$2.00

## At All 255 James Butler Inc. Stores

### Splendid Gift For School Opening

Every girl and boy will be interested in the School Opening Gift sent Saturday, as explained below.

Our stores are filled with fresh new foods which will delight the mothers,—at prices which will make the fathers smile to see their dollars grow big with purchasing power.

A few sample prices follow:—

## Very Best Creamery Butter, 27¢

Wonderful value—sales increasing thousands of pounds a week; highest quality; nowhere else at so low a price, 1 lb.

## Belle Brook Print Butter, 29¢

Fanciest Selected Creamery, in color proof cartons, 1-lb. print

## Sweet Potatoes 3 lbs. 10¢ Apples, Finest for Pies and Baking 5 lbs. 19¢

## Essie Peaches, The Acme of Excellence 15¢ Pineapple, Sliced Large No. 3 10¢ Peaches, California Yellow Clings, low Clings, can

## Milk, 8¢ 3 for 23¢ Milk, Lakeview Brand, rich, whole, Evaporated, tall 10c can ..... 6¢ Milk, Belle Brook Evaporated, with all the cream; tall 10c can ..... 7¢

## Every Boy and Girl Should Have the Scholar's Complete Desk Set

Contains Four Pencils, Pencil Holder, Pen and Pen Holder, Measuring Rule and Ink and Pencil Eraser.

## FREE Saturday, Sept. 11

to every purchaser of One Dollar (\$1) or over of Groceries, Meats or other Supplies—in addition to all 25¢ Stamps regularly given  
At All 255 James Butler Inc. Stores & Markets

## Triumph Oats, Highest grade; fresh-milled; largest 7¢ Baked Beans, 10c package ..... 6¢ Sardines, choice quality, large No. 2 can ..... 3¢ Salad Oil, Best American; large 20c bottle ..... 14¢ Tomato Catsup, Peerless; bottle ..... 15¢ & 8¢ Peerless Sauce, Worcestershire; bot. 15¢ & 8¢

## Quaker Corn Flakes, Extra big pkg. Each 5¢ Tomato Soup, Mother Cook, large can ..... 5¢ Jelly Powder, Blue Ribbon Gelatine; all fruit flavor, package ..... 5¢

## Essie Coffee, Absolutely the very best; 1-lb. 35¢ 30 25¢ Stamps with each Package Essie Coffee ..... 19¢ Teas, English Breakfast or Mixed ..... 35¢ Ceylon Golden Tips, The Trial Tea Chest ..... 10¢

## At All 35 James Butler Inc. Meat Markets Sugar Cured Hams, Selected ..... lb. 15¢ Smoked Shoulders, Like hams ..... lb. 11¢ Prime Rib Roast Beef, Best cuts, lb. 20¢ Philadelphia Capon, Deliciously tender, lb. 28¢ Fresh Fish, Direct from the sea ..... lb. 5¢

## At All 133 James Butler Inc. Licensed Stores The Big Dollar's Worth—Unparalleled Value Bot. Trysome Rye Whiskey All \$1 Bot. Old California Sherry 3 Bot. Old California Port .. for 1

## Claret, Pure Grape California Wine of unusual body and flavor, bottle ..... 19¢ Princeton Dry Gin, Unscented for cocktails; bot. 69¢

## Guinness's Stout, 2 bots., 25¢; 3 splits, 25¢ Allowance of 15c per dozen bottles and 10c per doz. splits for empties

Double 25¢ Stamps Friday—No Stamps with Butter or Sugar  
Orders Delivered Promptly FREE of Charge

## ROYAL BAKING POWDER

Absolutely Pure

No Alum—No Phosphate



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